

## How to Prepare for the PSSAs

1. Get a good night's sleep.
2. Eat a healthy breakfast every morning.
3. Go to <http://www.mrskurtzman.weebly.com> and click on the PSSA link. Play the review games.
4. Remember your INTRODUCTION and CONCLUSION on your writing prompt!

\*\*\*\*\*Most Importantly: Relax....you know the information (remember this is not a timed test. Take a breath and take your time.)\*\*\*\*\*